



CHSLD juif de Montréal

Jewish Eldercare Centre

# Family Newsletter

WINTER 2014

## NEW FORMAT FOR PASSOVER SEDERS 2014

Jewish Eldercare Centre will host Passover Seders on Monday, April 14 and Tuesday, April 15, 2014.

This year the Seders will be different than in years past. In order to accommodate all residents and best meet their individual needs, **a traditionally led Passover Seder service will be held during the evening meal on each floor.**

**Reservations with payment will not be necessary.**

Family members who wish to join their relative during a Seder may do so on the unit. Limited seating space will be available for family members on each floor and plans are underway to have food available for purchase.

For more information, please contact Josie Di Benedetto: 514-738-4500, extension 1332.



## Protect yourself and your loved ones during flu season

Visits are always encouraged at Jewish Eldercare. If there is an outbreak on a floor you will be visiting, you are asked to please follow the directives on the yellow and black signs posted on the floor. If you are feeling unwell – please wait before visiting. A mild cold for you could lead to complications in our elderly residents.

Your cooperation in this matter is appreciated in order to keep our residents and their family members healthy.

## ROOM RATES INCREASE

Effective January 1st, 2014, there have been changes to the room rates. These increases come directly from the Provincial Government. JEC does not make this decision.

The maximum monthly rate for a private room is now \$ 1,758.30

The maximum monthly rate for a semi-private room is now \$ 1,470.00

## COST CHANGES

Please note that effective January 1st 2014, the monthly cost of a telephone in a resident's room is \$25. As of February 1st, the monthly cost of foot care service is \$30.

# UPCOMING ACTIVITIES AT JEWISH ELDERCARE

## HOPE PAVILLION

DATE	TIME	PLACE	PROGRAM
Sunday, February 2	2:00 pm	Schweitzer Activity Room	Residents' Concert
Tuesday, February 4	6:30 pm	Hope 4 Dining Room	Evening Concert
Monday, February 10	2:30 pm	Schweitzer Activity Room	CSUQ Program
Tuesday, February 11	6:30 pm	Hope 4 Dining Room	Evening Concert
Sunday, February 16	2:00 pm	Schweitzer Activity Room	Residents' Concert
Tuesday, February 18	6:30 pm	Hope 4 Dining Room	Evening Concert
Tuesday, February 25	6:30 pm	Hope 4 Dining Room	Evening Concert
Wednesday, February 26	2:30 pm	Hope 4 Dining Room	Birthday party
Sunday, March 2	2:00 pm	Schweitzer Activity Room	Residents' Concert
Tuesday, March 4	6:30 pm	Hope 4 Dining Room	Evening Concert
Tuesday, March 11	6:30 pm	Hope 4 Dining Room	Evening Concert
Sunday, March 16	2:15 pm	Schweitzer Activity Room	Residents' Concert
Tuesday, March 18	6:30 pm	Hope 4 Dining Room	Evening Concert
Tuesday, March 25	6:30 pm	Hope 4 Dining Room	Evening Concert
Wednesday, March 26	2:30 pm	Hope 3 Dining Room	Birthday party

## KASTNER PAVILLION

DATE	TIME	PLACE	PROGRAM
Tuesday, February 4	7:00 pm	Dalse Activity Room	Evening Concert
Sunday, February 9	2:00 pm	Dalse Activity Room	Residents' Concert
Tuesday, February 11	7:00 pm	Dalse Activity Room	Evening Concert
Tuesday, February 18	7:00 pm	Dalse Activity Room	Evening Concert
Sunday, February 23	2:00 pm	Dalse Activity Room	Residents' Concert
Tuesday, February 25	7:00 pm	Dalse Activity Room	Evening Concert
Wednesday, February 26	2:30 pm	Dalse Activity Room	Birthday Party
Tuesday, March 4	7:00 pm	Dalse Activity Room	Evening Concert
Sunday, March 9	2:00 pm	Dalse Activity Room	Residents' Concert
Tuesday, March 11	7:00 pm	Dalse Activity Room	Evening Concert
Sunday, March 16	2:15 pm	Dalse Activity Room	Residents' Concert
Tuesday, March 18	7:00 pm	Dalse Activity Room	Evening Concert
Wednesday, March 19	2:30 pm	Dalse Activity Room	Purim Casino
Sunday, March 23	2:00 pm	Dalse Activity Room	Residents' Concert
Tuesday, March 25	7:00 pm	Dalse Activity Room	Evening Concert
Wednesday, March 26	2:30 pm	Dalse Activity Room	Birthday Party

Dates and times for events are subject to change. These are the dates as of our printing deadline for the Family Newsletter.



# SAFETY IS OUR PRIORITY

## Fire Safety

At Jewish Eldercare, fire safety has always been our priority. We have an extensive sprinkler system throughout our building(s). The building's structural integrity is comprised of cement slab construction and fire doors which are designed to prevent fire from spreading.

Fire drills take place every two months. The drills are led by the fire brigade – a specialized team made up of various staff members and trained by the fire marshal to be first responders in case of an emergency. We have a strong partnership with a City of Montreal Fire Marshal who helps oversee the drills and trains the fire brigade.

You may have already noticed there are emergency stations posted on every wing and level, including a fire extinguisher and hoses along with supplies for the fire brigade. Evacuation plans are posted at each stairwell and an evacuation plan is in place and practiced on a yearly basis.

We are committed to providing our residents, families and staff with the safest possible environment.

## Keeping Dangerous Products Under Control

Some products that you use every day in your home may be harmful in a long term care residence. These products include bleach, disinfectant, cleaning products, alcohol rubs, peroxide, etc. Easy access to these items in long term care homes can put our residents at risk of serious consequences if they are consumed or used inappropriately.

In order to keep our environment safe, here are some safety tips for you to remember.

- If possible, avoid bringing such items inside the Centre.
- If these items are necessary, make sure to keep them in their original package for proper identification.
- Keep these items far from reach of all residents, preferably in a locked cabinet.
- If you have any doubts, do not hesitate to ask your Head Nurse for more information.
- Remember that safety is our priority and it is everyone's responsibility to ensure that our Centre is safe.

## Synagogue Services for PURIM



**Sunday March 16**

**Megillah reading  
1:30 pm – 2:15 pm in  
Hope and in Kastner.  
Concert will follow  
the Megillah  
reading.**



## Respect and Courtesy

**It's a way of life at Jewish Eldercare Centre!**

You may have already noticed that respect and courtesy are two important parts of our Strategic Plan, as well as our organizational values and Planetree philosophy.

**Respect and courtesy** concern and involve anyone who is part of the Jewish Eldercare community – residents, family members, staff, volunteers, etc.

**Everyone is responsible for behaving in a manner that is respectful, cooperative, courteous and polite** in order to foster a healthy and pleasant living environment.

## Music Therapy at Jewish Eldercare Centre

Residents at Jewish Eldercare recently benefitted from visits with Music Therapy students from Concordia University. Students Yoanna Petkova (pictured left) and Alana Goldscheid (pictured) define music therapy as “improving quality of life through music.” They responded to resident requests as they researched and learned music from The Andrews Sisters, Elvis, Broadway and traditional Jewish music. The residents were engaged through song in various musical activities that stimulated motor activity, self-esteem and reminiscing.

The music therapists said they had an extremely positive experience at JEC and found it difficult to leave. They found it especially rewarding to see the tangible benefits from the music therapy they offered – as they saw residents who were not verbal



singing along and gesturing to the music. An invaluable experience for all involved – and one that left the students with an interest in continuing to work in geriatrics in future.

## RESIDENT EXCURSIONS

Summer may seem like a distant memory during these snow-filled days in Montreal, but the summer excursion program is being hailed as a great success. Residents visited some of the city’s most popular attractions such as the Biodome, Botanical Gardens and Atwater Market among others.

Throughout the winter months, we continue to offer opportunities for mall outings to our residents who are able to go on short day trips.

Bus excursions to shopping malls in and around Montreal take place on the first Tuesday of every month. The bus leaves at 11:00 AM from the Kastner basement and returns to JEC at 3:30 pm. Registration binders are located at the security desks in both the Kastner and Hope pavilions. The resident must be accompanied by a family member or companion. Funding for the mall outings is generously provided through the Auxiliary. For more information, please contact Josie Di Benedetto: 514-738-4500 extension 1332.



## Medical appointments outside JEC

At Jewish Eldercare Centre, we are lucky to have so many medical specialists on site.

If you feel the need to take a resident to a medical appointment that is not at JEC (i.e. at a hospital, doctor’s office, clinic) please be sure to alert the head nurse. You will need to provide the transportation and be responsible for someone to accompany the resident for any such external medical appointments.

In the event a specialist is not available at JEC, transport will be provided for any external medical appointments sanctioned and requested by one of our physicians.

## URGENT: Help us help others!!!!!!

We need used hearing aids, batteries, phones, TV devices or any other item for the hearing impaired. If you have any items to donate, please leave them at reception or call Nechama Surik who runs the **Better Hearing Program**, 514-738-4500 ext. 5333.

