



CHSLD juif de Montréal

Jewish Eldercare Centre

# Family Newsletter

SUMMER 2014

## RESIDENT SUMMER EXCURSION BUS SERVICE JUNE – SEPTEMBER 2014



When: Every Tuesday beginning June 10, 2014  
Depart 10:30 am – Return 3:30 pm (approximately)  
from Kastner Pavilion lobby

All residents MUST be accompanied either by a family member, friend or companion (JEC staff and volunteers will not accompany excursions)

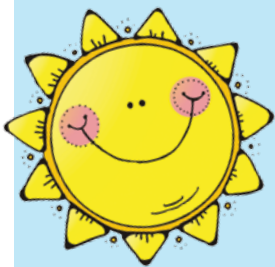
Where: Safe, popular, wheelchair-accessible destinations such as the Botanical Gardens, Montreal Casino, Beaver Lake and many more!

Air-conditioned buses.

Sign up at the Hope or Kastner security desk.

For more information please contact: Akeisha Pitt-Taylor, 514-738-4500 ext. 2398.

*The Resident Excursion Service is made possible through the generous support of the Jewish Eldercare Centre Auxilliary*



## ANNUAL CENTRE-WIDE BBQ

**Date:** Wed, July 23, 2014 - 2:30 pm - 6:30 pm

**Place:** Hope Pavilion Garden

The entire Jewish Eldercare family is welcome!!  
Residents + families, staff + families, companions  
and volunteers!!!

*We hope to see you there!! Rain or shine!!*



## Staying safe with dysphagia

The centre-wide BBQ is a great opportunity to socialize, enjoy the outdoors and the entertainment. Families and caregivers are encouraged to attend with the resident. However, it's important to recognize that some residents are dysphagic and have feeding and/or swallowing problems. As a result, they are on a modified diet textures and may also be on thickened liquids. Even so, we do not want them to miss out on the BBQ!! In order to help prevent choking and other health consequences, we have put in place a colored bracelet coding for these residents on the day of the BBQ.

**YELLOW bracelet:** We recommend NO FOOD at BBQ

**ORANGE bracelet:** We recommend NO DRINKS, NO ICE CREAM/ NO SNOW CONES/ NO WATERMELON at BBQ

**RED bracelet:** We recommend NO FOOD OR DRINK at BBQ

# UPCOMING ACTIVITIES AT JEWISH ELDERCARE

## KASTNER PAVILLION

DATE	TIME	PLACE	PROGRAM
Sunday June 22	2:00pm	Dalse Activity Room	Resident Concert
Wednesday June 25	2:30pm	Dalse Activity Room	Birthday Party
Sunday July 6	2:00pm	Dalse Activity Room	Resident Concert
Tuesday July 8	7:00pm	Dalse Activity Room	Evening Concert
Tuesday July 15	7:00pm	Dalse Activity Room	Evening Concert
Sunday July 20	2:00pm	Dalse Activity Room	Resident Concert
Tuesday July 22	7:00pm	Dalse Activity Room	Evening Concert
Wednesday July 23	2:30pm	Hope Gardens	Centre-wide BBQ
Tuesday July 29	7:00pm	Dalse Activity Room	Evening Concert
Wednesday July 30	2:30pm	Dalse Activity Room	Birthday party
Sunday August 3	2:00pm	Dalse Activity Room	Resident Concert
Tuesday August 12	7:00pm	Dalse Activity Room	Evening Concert
Sunday August 17	2:00pm	Dalse Activity Room	Resident Concert
Tuesday August 19	7:00pm	Dalse Activity Room	Evening Concert
Tuesday August 26	7:00pm	Dalse Activity Room	Evening Concert
Wednesday August 27	2:30pm	Dalse Activity Room	Birthday party
Sunday August 31	2:00pm	Dalse Activity Room	Resident Concert

## HOPE PAVILLION

DATE	TIME	PLACE	PROGRAM
Wednesday June 25	2:30pm	Hope 4 Dining Room	Birthday party
Sunday June 29	2:00pm	Hope 4 Dining Room	Resident Concert
Tuesday July 8	6:30pm	Hope 4 Dining Room	Evening Concert
Sunday July 13	2:00pm	Hope 4 Dining Room	Resident Concert
Tuesday July 15	6:30pm	Hope 4 Dining Room	Evening Concert
Tuesday July 22	6:30pm	Hope 4 Dining Room	Evening Concert
Wednesday July 23	2:30pm	Hope Gardens	Centre-wide BBQ
Sunday July 27	2:00pm	Hope 4 Dining Room	Resident Concert
Tuesday July 29	6:30pm	Hope 4 Dining Room	Evening Concert
Wednesday July 30	2:30pm	Hope 3 Dining Room	Birthday party
Sunday August 10	2:00pm	Hope 4 Dining Room	Resident Concert
Tuesday August 12	6:30pm	Hope 4 Dining Room	Evening Concert
Monday August 18	2:30pm	Hope Gardens	CSUQ
Tuesday August 19	6:30pm	Hope 4 Dining Room	Evening Concert
Sunday August 24	2:00pm	Hope 4 Dining Room	Resident Concert
Tuesday August 26	6:30pm	Hope 4 Dining Room	Evening Concert
Wednesday August 27	2:30pm	Hope 4 Dining Room	Birthday Party

Dates and times for events are subject to change. These are the dates as of our printing deadline for the Family Newsletter.

### Kastner Dining Rooms

The Kastner dining rooms will be a lot cooler this summer with the installation of new air conditioners that are currently functional. Over the summer, the rooms will also get a new paint job and new flooring.



### Brownstein Atrium

Work is almost complete in the new Brownstein Atrium in the Hope Pavillion which features new flooring and new furniture. This area will complement the new changes in the cafeteria which will be completed by the end of June.

### Energy Project

For the next few years, we will be making changes throughout both Pavillions to become more Energy efficient. We have already started the process by changing lighting and using geothermal energy.

### Hope Bathing Rooms Project

The bathing rooms in Hope will be redesigned with central shower and bathing rooms. This project will begin in August and will be ongoing for approximately a year.

## Dentistry Services at JEC

Did you know that Jewish Eldercare has a dental clinic onsite run by Dr. Avrum Brenner?



Residents are referred to the dental clinic on a case by case basis through the nursing unit. Having a dental clinic onsite helps maintain dental health of the residents by providing cleanings, basic dentistry, as well as dentures and denture adjustments.

It avoids outside trips for residents and allows them to be more comfortable in their own surroundings. For patients unable to come to the clinic, Dr. Brenner (*pictured above*) even has a cordless tooth polisher which enables him to make bedside visits if need be.

## Art Links Lives (ALL) Vernissage



On April 30th, a special vernissage was held at Jewish Eldercare featuring the artwork from the award-winning Art Links Lives (A.L.L.) program. The intergenerational art program pairs JEC residents with teenage students from Pierrefonds Comprehensive High School. The students create works of art based on the residents' cherished memories.

A permanent gallery of the artwork is installed on the 2nd floor of the Hope Pavilion— across from the Schweitzer Room. The ALL program won the top prize at last year's international Planetree conference for Meaningful Arts and Activities.

## Satisfaction Survey- Summer '14

We will be conducting a Resident Satisfaction Survey starting this summer. About 100 residents will be interviewed for this survey by trained MISSIVE volunteers in conjunction with National Research Corporation--the company JEC is working with to conduct this survey.

Please be aware that volunteers will be visiting residents throughout the summer months. The information gathered will remain confidential and will allow us to better meet everyone's needs. The results are intended to identify areas we do right and areas to improve. Thank you for your cooperation.



# JEC HOCKEY 2014



On April 13th, Jewish Eldercare Centre held its third annual hockey tournament. Six teams competed all day on two rinks at 4 Glaces in Pierrefonds. The tournament raised over 70-thousand dollars – funds that will go toward the refurbishment of resident’s rooms at JEC.

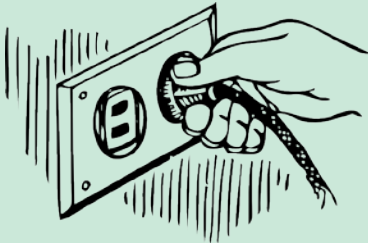
The winning team – Team Shapiro - was presented with the Stanley Hyman Memorial Cup. The trophy is named in honour of Hyman – a past president of the Jewish Eldercare Hospital of Hope Foundation – and the hockey tournament’s brainchild.

(Pictured from left to right): Jack Burak, Jamie Burak, JEC Foundation President Brad Steinmetz, Team Shapiro captain Michael Matthews, Keeper of the Stanley Hyman Memorial Cup Mike Boone, Executive Director Barbra Gold, Foundation Director Karen Flam



We are looking for owners and their furry friends to take part in the **Volunteer Pet Visiting Program** at Jewish Eldercare Centre.

If you are interested, or would like more information, please contact:  
 Lisa Patterson, 514-738-4500 ext. 2330 or  
[lisa.patterson@chslджуif.ssss.gouv.qc.ca](mailto:lisa.patterson@chslджуif.ssss.gouv.qc.ca)



**Plug me in!**

If your loved one has a feeding pump, it is very important to remember to plug in the machine when the resident leaves the unit. The batteries in these machines tend to malfunction if the machines are left unplugged for too long.



## ***Spirit of Planetree Winners 2014***

We recently honoured staff members with the Spirit of Planetree awards.

The recipients of the Spirit of Planetree awards were nominated by staff, family and residents.

**Caregiver Award** - This award is given to a JEC staff member who demonstrates a deep commitment to the Centre’s residents and serves as a role model for other employees.

**2014 Caregiver Award Winner: Maria Lora Barros** (PAB on Hope 4A)

**Physician Champion Award** - The Physician Champion Award recognizes a doctor who helps promote the Planetree model of resident-centered care.

**2014 Physician Champion Award Winner: Dr. Earl Edelstein**

