



CHSLD juif de Montréal

Jewish Eldercare Centre

JEC News

Winter 2011

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Planetree

In continued efforts to further elevate the importance of “homelike” quality care at the Jewish Eldercare Centre, JEC has launched PLANETREE, to monitor and maintain the efforts, consistency and high levels of delivery of resident-centered care.

Consistent with Jewish Eldercare’s “milieu de vie” orientation, PLANETREE promotes the development and implementation of innovative models of health care that focus on healing and nurturing body, mind and spirit. The PLANETREE



PLANETREE

<http://www.planetree.org/index.html>

organization fosters this philosophy via a formalized framework and accreditation in the achievement of “Best in Class” care.

Founded in 1978 by Angelica Thieriot, who, hospitalized for a

rare viral infection, envisioned a better concept for health care and created PLANETREE to provide patients with a better, more holistic experience.

PLANETREE provides consultant services from a cadre of health care and design consultants committed to creating a different kind of health care. Members draw from PLANETREE’s 30 years of experience to share research, policies and procedures, experience and knowledge.

The first wave of staff was introduced to PLANETREE in November.

Celebrating 10 Years Caring Together



2010 marked year 10 of the amalgamation of the Jewish Hospital of Hope and the Jewish Nursing Home. Plans are underway for special celebrations to be held in the Spring to fête the event.

In honour of this proud occasion, the Jewish Eldercare Centre logo has been adapted to incorporate a special slogan “Celebrating 10 Years Caring Together” as a year-long reminder of this momentous achievement.

Qmentum

On the Road to Accreditation



Jewish Eldercare Centre Staff and Board completed the Questionnaire Phase of the programme. Over 700 Qmentum Questionnaires were completed by more than 200 participants. Based on survey results, Accreditation Canada will assess the results as compared to established standards and will provide us with a Road Map to be used in developing our Action Plan, culminating in our accreditation evaluation, to take place November 28-30, 2011.

Winners of Draw for Qmentum (Accreditation) Survey Completion

\$50 Gift Certificate for Baton Rouge

Week I -

Joseph Takouan, PAB Hope 4

Week II -

Caroline Mainville, Therapeutic Recreation Dept

Week III -

Julio Salinas, PAB Kastner 5

Week IV -

Amore Mantas, LPN, 6th Floor

Cineplex Odeon "Night Out" Pass for 2

Week I -

Palma Lento, Dietetics

Week II -

Stana Cvitan, Therapeutic Recreation Dept

Week III -

Donna Koutsandr as, PAB Kastner 4

Week IV -

Patrick B elanger, Kitchen



Jean-Denis Pr evost was the Grand Prize winner of **two tickets to a Canadians Game.**

JEWISH ELDERCARE CENTRE PREPARES FOR ACCREDITATION NEXT STEPS

November 2011
Accreditation Canada Survey Visit

January - October 2011
Compliance with All Standards and Required Organizational Practices

✓ September - December 2010: Assessments/Questionnaires

✓ May - August 2010: Qmentum Team Process

✓ November 2009: Accreditation Canada, Primer Award

Reminder

JEC Policies and Procedures

Smoking Prohibited

In order to protect the health and wellbeing of residents, visitors and employees and to establish rules governing tobacco use pursuant to the Act Respecting the Protection of Non-Smokers in Certain Public Places, Jewish



Eldercare Centre, including the patios and gardens, is a smoke free environment.

Smoking is prohibited within 9 meters of ANY door. Only residents are permitted to smoke in the smoking room and in the areas designated in the Hope and Kastner gardens.

Jewish Dietary Laws

For reasons of Kashruth, food not ordered/prepared by Nutrition and Food Services or the coffee shop is prohibited unless consumed in residents' rooms (not in contact with the facility's dishware) or in the staff lounges.



Please respect that public areas, anywhere inside or outside the premises, are Kosher and understand that non-Kosher food cannot be consumed in these locales.

Many thanks!

Milieu de Vie Services is greatly appreciative of the valued support from the community, which helps us provide the highest level of recreation activity for our residents. We extend our heartfelt gratitude for the generosity of this ongoing offering.

The **Communauté Sépharade Unifiée du Québec (CSUQ)** continues to provide monthly specialized Sephardic programs, as well as Centre-wide activities, including music programs, special Chanukah celebrations and a summer celebration.

The **Knights of Pythias** and **Maple Leaf Lodge** both continue to sponsor music concerts on a regular basis.

Awards, Publications, Presentations and Recognition

Published in the Autumn 2010 issue of *La Gérontoise*, under the auspices of the Quebec Association of Geriatric Nurses, "The Planetree Model for More Holistic/ Humane Treatment in Long Term Care" by Lucie Tremblay, Brigitte Lavoie, Joanie Robidoux, Carl Chaisson.

CSST Award Regional Finalist, Prize for Innovation in Health and Safety at Work 2010 Public Organizations, The Jewish Eldercare Centre was Recognized for the Contribution – **Cleaning and Disinfection of Multiple Usage Equipment**, submitted by **Josette Charles**.

The Jewish Eldercare Centre, represented by **Isabelle Samson** and **Jane Parayno**, was chosen to present its **Fall Prevention Program** as part of the **Quebec Campaign for Safety** in November. Participation is comprised of health care professionals from across the province.

On November 24, **Mona Beck**, Assistant to the Director of Nursing and Clinical Services at JEC, made a presentation at The JGH, Maimonides and Jewish Eldercare Geriatric Retreat attended by Staff from diverse disciplines of all 3 establishments, entitled "Caring for Caregivers."

Activities and Events



Residents of the Jewish Eldercare Centre participate in the lighting of the Menorah, celebrating Chanukah, the Festival of Lights, in December.

ALL (Art Links Lives) --

An Intergenerational, Inter-Cultural Art Program In Conjunction With The Jewish Eldercare Centre and Pierrefonds Comprehensive High School.

In September 2010, twelve art students from Pierrefonds Comprehensive High, ages 12-17, were partnered with twelve Residents of JEC. Residents shared memories of their favourite places in order to provide inspiration for the students to create art in their choice of medium.

A second meeting between the Residents of Jewish Eldercare Centre and the students took place in December, at JEC for a Chanukah party, where some of the students had their first home-made latkes.

A vernissage of the art is planned for April of 2011.

This program is made possible with the cooperation of the Art for Healing Foundation, Lester B Pearson School Board and the Lester B Pearson Foundation.



Art Exhibit:

The Second Annual exhibition of the creative works of the of the painting group at Jewish Eldercare Centre was held Tuesday, November 23, 2010 to rave reviews.

News & Updates:

JEC Foundation News

Art for Healing:

Five more Galleries have been installed at the Jewish Healthcare Centre, including contributions from Daniel Wiener, Morrie Bakerman, Bernard Rajotte, Harvey Horowitz and 30 photographs by Julius Szelei donated by Ghislaine Szelei and Lou Frank, bringing us close to halfway in our goal of displaying 600 pieces of art.

Thanks to Earl Pinchuk and Gary Blair of the Art for Healing Foundation for making this initiative possible.



Donations:

The SCHWEITZER DONATION provided for the upgrading of Room 2C.26 now called, and functioning as, the Activity Room. This multipurpose room was designed with flexibility in mind, serving as synagogue, hosting major functions and resident activities for large groups.

Funds received from the LEDERMAN FOUNDATION will enable the renovation and refurbishing of Room 2C.01 with equipment and facilities for presentations, workshops and training, to be known as the Education Room. This donation was given in honour of the 10th anniversary of the merger of the Jewish Nursing Home and the Jewish Hospital of Hope into the Jewish Eldercare Centre.

Request for E-Mail Addresses



We would like to update the contact information we have on file for family members to include their principal e-mail address.

The reason behind this initiative is that e-mail access provides us with a means to communicate important Health Advisories and Jewish Eldercare Centre Status Bulletins quickly and directly, to you. This will help you help us act to ensure the optimum health of our Residents.

For example, it is once again the time of year where influenza and gastroenteritis is common. We would send a brief e-mail advising you of any visiting restrictions aimed at preventing or containing any outbreak of these illnesses.

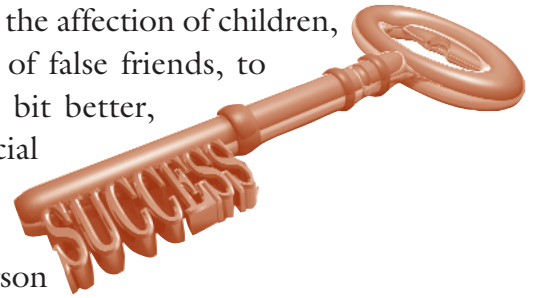
Please send your e-mail address to Donna at donna.steinberg.chsldjuif@ssss.gouv.qc.ca

Sharing Successes:

Success:

To laugh often and much, to win the respect of intelligent people and the affection of children, to earn the appreciation of honest critics and endure the betrayal of false friends, to appreciate beauty, to find the best in others, to leave the world a bit better, whether by a healthy child, a garden patch, or a redeemed social condition; to know even one life has breathed easier because you have lived. This is to have succeeded!

~Ralph Waldo Emerson



Improved Independence

Mr. C, Resident of 3C, came to the Jewish Eldercare Centre in August of 2008, suffering from challenging medical conditions.

Language, his physical condition and lack of interest initially made Mr. C totally dependent on staff for Activities of Daily Living (ADL). This Fall, working with the Physiotherapy Team, Mr C is now walking and, with aid, can transfer himself from bed to chair.

Caroline Romano credits this success to the help and cooperation of the Staff of 3C, Mr. C's family, but mostly to the motivation and perseverance demonstrated by Mr. C himself. "As always," she says, "we all work together with the goal of improving the Resident's quality of life. That is our role."

Getting Around on Her Own

Mrs. T was admitted to the Jewish Eldercare Centre in 2005 because physical and cognitive impairments made it unsafe for her to live at home. Until a few months ago, the Resident was walking independently, with a cane. Due to deterioration, however, it became unsafe for Mrs. T to walk, even with assistance. She became wheelchair-bound and dependent on staff and volunteers for mobility.

Jane Parayno, Occupational Therapist, doing a regular check of Mrs. T's position in her wheelchair, noticed that she was sitting close to the edge of her seat and leaning to one side, with her feet resting on the wheelchair's footrests.

Knowing that the Resident had been walking before her condition deteriorated, Jane removed the footrests, and, despite a language barrier, encouraged the Resident to propel the wheelchair using her feet and by holding onto the rails in the corridor with her hand.

Marcello Dicesare, of the Physio Department, adjusted the wheelchair to better fit Mrs. T, making it easier for her to move around the unit unassisted. Mrs. T was also assessed by a team from the Constance Lethbridge Rehabilitation Centre in order to receive a custom-made wheelchair which will provide further benefits.



What do you think?

Do you have questions or comments?

Drop us an e-mail at

commentaires.comments.chsldjuif@ssss.gouv.qc.ca