

Jewish Eldercare Centre Celebrates Success on Two Fronts

February was an extraordinarily busy month for the Centre, however the work and the preparation leading up to the activities of the month made it all worthwhile!

Planetree Assessment

A critical step in the process to achieve our Planetree Designation was the assessment of the Centre that took place through focus groups held with different members of the Jewish Eldercare Centre community, including residents, families, staff and volunteers. These groups were held during the week of February 7th, with representatives from the Planetree organization, to determine how closely our philosophy and day-to-day activities correspond to the Planetree standards.

Initial feedback was overall positive. An extensive report was received in April and next steps and an implementation plan will be developed.



PLANETREE
www.planetree.org

Ministerial Visit

At 9:00 am on a stormy winter Monday, Jewish Eldercare Management received a call advising that a delegation from the Health Minister would arrive on the following day, Tuesday, February 15th. Despite the short notice, the team remained calm. They knew the Centre was prepared.

This confidence was not misplaced as the Ministerial representative's assessment of Jewish Eldercare Centre gave the Centre high marks and was generally complimentary, with only a few minor recommendations being given!



Hold the Date
Mark July 13th in your calendar.
It's the Centre-wide celebration
of our 10th Anniversary

10 years of operation following the amalgamation of the Jewish Hospital of Hope and the Jewish Nursing Home into the Jewish Eldercare Centre.

Special activities are planned, there will be fun for all.



Auxiliary News



Hold the date!

THE MONTREAL YIDDISH SINGERS
will perform on
June 14 at 7:00 pm
in the Hope Atrium at 5725 Victoria Avenue

THE ANNUAL AUXILIARY GALA
will be held on
October 30
at the Shaare Zion Congregation

For details contact Faigie at the Auxiliary office, 514.738.4500 ext. 8108.

Foundation News

Buy-a-Bed Campaign

The Foundation is delighted to announce that it has funded an additional 62 electric beds for the Centre. We are most grateful to our donors who have contributed to this essential campaign. So that every resident can benefit from state-of-the-art electric beds to help improve their quality of life, 66 more electric beds are urgently needed. Beds cost \$3,500 each.



Naming Opportunities

Thank you to **Dr. Barry and Colette Dolman and their family** for their spectacular gift in naming the Dr. Barry & Colette Dolman Family Lounge on the first floor of the Kastner Pavilion. Dr. Dolman, who's mother was a resident at the Centre, wanted to make a meaningful gift to the Jewish Eldercare. "I cannot say enough about the people I encountered every day who cared for my mother as if she was a member of their own family," he commented about Jewish Eldercare.

Governor's and Annual Donor's Campaign

The Foundation has launched its 4th annual Governors Campaign and Direct Marketing Campaign. "Every year these two cornerstone campaigns reach out into our community, starting around Passover and continuing until the end of the calendar year. In the last four years our Governors have more than tripled. Our Direct Marketing donors have also increased. Governors and annual donors are vital to the Centre – they are part of our family of donors who give every year," Susan Elias, Director of Development, said. "We are so grateful for their support and the part that they play in helping our residents live a great quality of life." All donations are welcome and receipted.

Art for Healing Program

Two more galleries of original works of art have been installed in the Centre, transforming empty wall space into areas of beauty and inspiration. Thank you to recent Art for Healing donors Bernard Rajotte and Steve Tabac. Appreciation to the Art for Healing partners and participants for making this program such a success.



Art for healing foundation
תמונתך יפה. אנחנו אנחנו אנחנו אנחנו

For details on donations contact Susan Elias at the Foundation office, 514.738.4500 ext. 2125.

Reminder JEC Policies and Procedures

Ensuring Residents Are Safe in Their Own Rooms

Electrical Appliances Restrictions

Any electrical appliances used in residents' rooms must minimize all risk of fire and contribute to a safe environment. These appliances must carry CSA approval and be in excellent operating condition. The Maintenance Chief reserves the right to refuse any equipment that fails to meet the centre's minimum requirements.

A small fridge and small microwave are acceptable electrical appliances, but **any other appliance that generates heat**, such as toasters, toaster ovens, kettles, hot plates, curling irons or anything that has an open flame is strictly prohibited.



Furniture Restrictions

Any furniture brought into the room cannot in any way interfere with the ability of staff to provide care and it must not interfere with the mobility of the resident. **All rugs and carpets are prohibited.** It is important to check with staff before moving any furniture into the resident's room.

Awards, Publications Presentations and Recognition

March 3, 2011 Lucie Tremblay presented "Au-delà des soins: L'importance d'un milieu de vie et de travail sain" at the 5th Annual Summit – Quality Worklife Quality Healthcare Collaborative (QWQHC) – Integrating Perspectives: Healthy Work Environments, Healthy Outcomes, Healthy People

An article entitled « Attirer et retenir des intervenants de qualité pour offrir des soins de qualité à une population vieillissante/Quality Worklife, quality healthcare collaborative » was posted to the Thinking Healthy Healthcare blog on April 11, authored by **Lucie Tremblay**.

<http://thinkinghealthyhealthcare.ca>

A presentation by **Brigitte Lavoie** on "The Role of Rehabilitation in Restraint Free Care" was filmed on April 21, 2011 at the CEGEP Chicoutimi for viewing on April 29, 2011 by all rehabilitation therapy students in the lower St. Lawrence Valley.

Evacuation Simulation



On February 9th, the Jewish Eldercare Centre held an evacuation drill on 5th Floor Kastner.

Organized with the aid of a Consultant on Emergency Measures, Technical Services and the Volunteer and Recreation Departments, “smoke” was detected and an alarm was called at 2:00 pm. With students from West Island College (WIC) and volunteers standing in for residents, and with the help of the first responders on the scene, Jewish Eldercare staff came together to get the 8 “residents”, to safety.

Art Links Lives Vernissage

On April 5th a very special event took place at the Jewish Eldercare Centre. As the culmination of a project that began in September, 100 attendees celebrated the creation of 14 pieces of original art at the ALL Vernissage held at the Jewish Eldercare Centre.

Students from Pierrefonds Comprehensive High School were paired with 12 residents from the Jewish Eldercare Centre. Over several meetings at the two locations, residents shared memories which the students used as inspiration to create their works.

The value of the programme lies in the bonds that were

formed during the exchanges between students and residents, and as Irwin Cotler, Member of Parliament for Mount Royal said during his remarks. “What should not be underestimated is the long-term impact that the participation in this program gives the students. They will forever remember the experience and the memories shared by the residents will live on, longer than they could ever



Art Links Lives

have expected.”

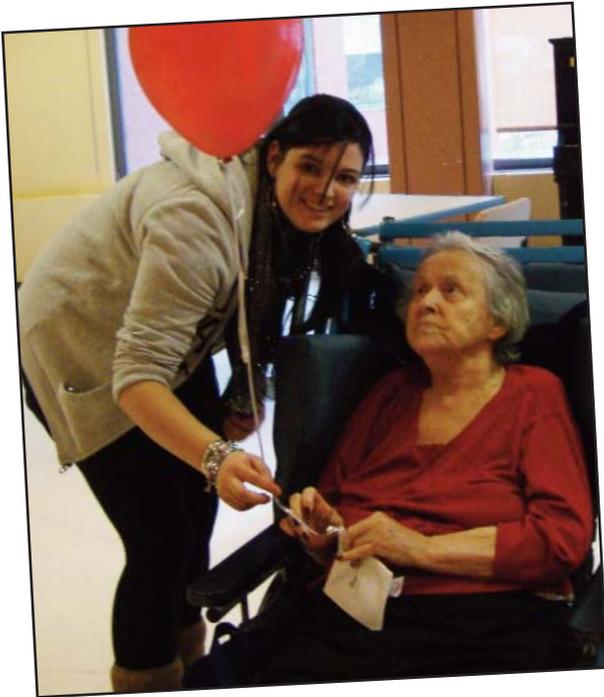
The Art Links Lives exhibit is permanently installed at the Hope Pavilion of the Jewish Eldercare Centre.

Important Note to Families

As the primary contact for your loved one at the Jewish Eldercare Centre, we ask that you provide your alternate contact information to the Care Unit when you are going out of town. This, to enable us to reach you should there be any important change in the condition of your family member.



JEC Activities & Events



Friendship Day

The halls were filled with cheerful red and white balloons as residents took advantage of the opportunity to send a balloon-o-gram to a "friend" on February 14th.

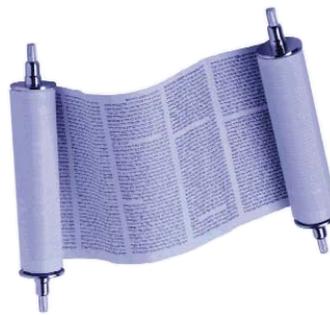


Passover

A wonderful occasion for families to gather together to celebrate Pasover Seders.

Torah Re-Dedication

On March 2, 2011, JEC celebrated the re-dedication of a Torah, generously sponsored by **Jack Rothenberg**. The ceremony, followed by a cantorial concert, was attended by 91 residents. Special thanks to **Haim Sherff** for making this event possible.



WiFi at JEC

The Jewish Eldercare Centre is now WiFi enabled in the area of the Kastner Bistro and in the Atrium of the Hope Pavilion. Select "jechospot" to connect.



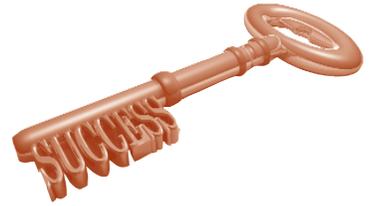
Purim Casino

Residents of the Jewish Eldercare Centre try their luck at various games of chance during the Purim celebration.

Sharing Successes

"The important thing to recognize is that it takes a team, and the team ought to get credit for the wins and the losses. Successes have many fathers, failures have none."

~Philip Caldwell



Coffee for Everyone?

Imagine not having your morning cup of coffee? What kind of a start to the day would that be, especially if you had the time to really savour it?

Michele Engel, Nutritionist in the Hope Pavilion explains, "The problem with coffee is that, being a thin liquid, it is difficult for some residents to control in the mouth. This makes it a potential choking hazard". As a result, any resident with chewing or swallowing problems (dysphagia) due to weakened muscles in the mouth and throat were not permitted to have their morning coffee.

Being sensitive to this lack, the Nutritionists, working with the Dietary Technicians and the Kitchen Staff, experimented with adding thickening agents to the coffee to make it easier to swallow. They tested consistency and flavour until they discovered the winning recipe.

The result – now everyone can drink their morning cup of coffee and start their day the way they always have.

Roommates

Moving is never fun. It can be an exciting adventure, but it usually involves some adjustment and anxiety due to the unknown. And what if moving wasn't a choice, but more of a necessity? And, what if you had shared quarters with the same someone for many years, but weren't sure you were going to be able to continue to be roommates in your new home? That would cause an added level of anxiety and, maybe, a reluctance to make the change.

Every effort is made to ensure married couples that come to live here room together. But what about siblings? "At JEC siblings are considered a "couple" too", affirms Naomi Berkowitz, of Jewish Eldercare Social Services. "Recently, when two sisters were moving in, we made it a goal to ensure that the ladies could room together".

Working with the professional staff and with a minimum disturbance to other residents, within 3 weeks of their arrival the siblings were, once again, sharing quarters.



Receive the JEC Newsletter by E-Mail

Would you like the option of receiving the JEC Newsletter by e-mail?

Please provide your e-mail address to Donna at donna.steinberg.chsldjuif@ssss.gouv.qc.ca



What do you think?

Do you have questions or comments?

Drop us an e-mail at commentaires.comments.chsldjuif@ssss.gouv.qc.ca