



# Jewish Eldercare Newsletter

## Regrouping for better care

JEC residents are on the move. They are being regrouped according to their care needs and that could mean a change in room, unit or pavilion.

Residents' families are informed prior to a move taking place.

The reorganization will result in improved care for our residents, according to Lucie Tremblay, Director of Nursing and Specialized Care.

Acknowledging the distress that some residents and families might

feel about these changes, Tremblay said the result will be more individualized care for residents. "Geriatrics is a highly specialized domain. Residents can't always tell you the specifics of their problem," she explained.

It will be easier to set up targeted programs and treatments that improve the quality of life of residents.

The goal is to complete the majority of the regrouping by September.

## Tropical makeover



Look for beautiful new greenery throughout JEC.

A professional company has been hired to take care of our plants. The company is responsible for maintenance of all the plants.

**Please do not water the plants: leave the job to the professionals.**

## Thanks, Marie

Marie Boucher has left JEC to work full-time for a year at the Agence de santé et des services sociaux de Montréal. Our heartfelt thanks for her three years of devotion as JEC's Site Director and our best wishes on her new challenge.

## Welcome, Diana

Diana Schweitzer, who has been involved with JEC for the past four years as a Board member and as chair of the Comité de vigilance., will replace Marie during her absence. Diana held a senior management position for many years at the Jewish General Hospital.

## Kiosk Day shows off our work

Residents, families, staff and volunteers are invited to attend JEC's annual Kiosk Day, which showcases all departments and special projects. For example:

- Testing for cholesterol, blood sugar, and blood pressure.
- Foot care and massages for staff .
- Meet staff from different departments and learn about new projects, programs, and equipment.
- Check out all the information and available resources.

**Thursday May 7th  
9:00 - 15:30  
Dalse Room &  
Kastner Lounge  
(Kastner Pavilion)**

## Volunteers

### Eating-assistance training program makes a difference

Response to this prize-winning program that began in 2007 has been tremendous. Obligatory for companions but also open to volunteers and family members, the program teaches skills involved in helping people at meal time. Participants learn about dysphagia and dementia, and techniques such as coaching and cueing. Due to the success of this program, we are offering ongoing training sessions. The next program is scheduled for

**May 11th at 6:00 pm**

Please register with Lisa Patterson, ext. 2330



An intern-dietitian from McGill updates JEC staff on the proven benefits of eating assistance.

### Intergenerational Program

### Young volunteers energize residents

To promote a homelike environment at JEC, we encourage interaction between our residents and various groups of young people. Young visitors bring warmth and energy to JEC residents and improve their quality of life. For their part, the youths gain a rich experience and lifelong memories.

Our intergenerational volunteer programs include:

**West Island College**, Wednesdays, January – June

**Beth Rivkah School**—Tu B'Shvat

**Talmud Torah School**—Purim

**Fabulous Faces and Fingertips** – Ongoing

**Ecole Internationale de Montreal singers** – ongoing

**Parkdale Elementary School Choir** – coming in May

**MISSIVES**— High school, cegep and university students—eight week summer program



*Please refer to the monthly activity schedule for times and locations of these and other programs, and check the bulletin boards for last minute changes.*

## Recreation

The arrival of warm weather means a change in our programming. Winter activities such as the Choir, Tour de monde and Breakfast Club give way to summer fun in our gardens. It's time for barbecues, outings, carnival, Name that Tune and many other activities. Check the Recreation Department's bulletin boards for more details. According to our Strategic Plan, we are offering adapted activities and programs on every unit. These smaller programs are in response to the individualized needs of our residents.



Jonathan Hart, who has been working in the Recreation Department, will fill the role of Summer Activities Monitor.

## Chaplaincy

### Ongoing services and programs

- **Oneg Shabbat Program** Conducted by Rabbi Ronen A. Abitbol, Friday, 2 pm Dalse Room (Kastner Pavilion) and 3rd Floor Dining Room (Hope Pavilion)
- **Kabbalat Shabbat** with Haim Sherrf, Friday, 6 pm, Synagogue - Dalse Room
- **Shabbat Shachris** with Haim Sherrf, Sat., 10 am - 12 pm Synagogue - Dalse Room
- **Shabbat Mincha**, Includes discussion of weekly Torah portion, **with Leonard Pleet**, Saturday 2:30 - 3:30 pm, Synagogue - Dalse Room
- **Mincha weekday afternoon services**, Rabbi Michael Wolff, Tues. & Thurs., 1:00 pm Synagogue - Hope Pavilion (2nd floor)
- **Weekly Torah Study Group**, Rabbi Michael Wolff, Tues., 11:00 am, 5th Floor Dining Room (Kastner Pavilion)
- **Monthly Healing Service**, Peggy Pardo and Rabbi Michael Wolff, last Thursday of each month, 10:30 am, 4th Floor Dining Room (Kastner Pavilion)
- **Chanukat Habayit/Welcome Ceremony** for new residents takes place on their units, Thursdays, 1:45-3:00 p.m.
- **Visit to the cemetery at de la Savanne**, for residents to say Kaddish for their loved ones. In September.

For information on chaplaincy services: Rabbi Michael Wolff or Rabbi Ronen A. Abitbol, ext. 2323

## Memorial Service

The annual memorial to remember JEC residents who passed away between January 1, 2008 and January 1, 2009 will take place on

**Wednesday, May 6th**  
**2:30 PM**  
**Room 2C26**  
**(Hope Pavilion)**



## Foundation



The Foundation board for 2009-2010 (From left to right):  
Fred Wenger, Barry Grossman, James Friedman (Vice President), Bradley Steinmetz (Vice President), Susan Elias (Director of Development), Aaron Stuehler (President), Jamie Burak, Roslyn Wiener (Secretary), Mitchell Halickman (Treasurer), Barbra Gold (Executive Director of the Centre), Milan Bratin (Immediate Past President), Syd Gartner

## New tribute cards for special occasions



*Flowers at my Window,*  
Birdie Hyatt-Akerman (2008)

The artwork on the cover of this card was donated through the Art for Healing Foundation, dedicated to bringing the healing power of art to hospitals, hospices, shelters and centres.

[www.artforhealingfoundation.org](http://www.artforhealingfoundation.org)

## Thank you, donors

Thanks to the generosity of our Foundation and Auxiliary, JEC was able to acquire 26 more of the electric beds that enhance our residents' comfort and quality of care.

## Auxiliary Gala



Reserve Sunday, **October 25th, 2009** for the Auxiliary's Annual Gala, which takes place this year at the **Shaar Zion Synagogue** with guest of honour **Sid Stevens**, founder of Sun Youth, and entertainment by comedian **Joey Elias**.

**Family members may honour residents at the event by including their name in the Honour Roll of the Gala's souvenir program book. Please see the enclosures for details.**  
For tickets and information, ext. 8108

# JEC prepares for Accreditation Primer

During the past year, Jewish Eldercare Centre has been working with Accreditation Canada to prepare for the Accreditation Primer.

## Who is Accreditation Canada?

**Accreditation Canada** is a nationally recognized accreditation organization which plays a key role in guiding healthcare facilities in improving quality and patient safety through accreditation.

## What is accreditation?

Accreditation is a process that organizations use to evaluate and to improve the **quality** of their services. Accreditation involves **examining** everyday activities and services against **standards of excellence**. By benchmarking ourselves against national standards, we celebrate our achievements and identify opportunities for future growth.

## What is the accreditation primer?

The **Primer** is the first step on the road to Accreditation. It involves three key components:

- An Organization questionnaire
- A Client Questionnaire
- An on-site visit by Accreditation Canada surveyors.

## What is an on-site visit?

A team of experienced healthcare professionals (surveyors) from Accreditation Canada will visit Jewish Eldercare Centre. They will validate the results of the questionnaires, assess our readiness to achieve compliance with national standards and recommend improvements for quality and safety.

## When will the surveyors be coming to JEC?

The Accreditation Primer Survey Visit will take place **November 22 through November 25, 2009**. We will have two surveyors on site.

## When will the NRC Picker client satisfaction survey take place?

As a complement to the Accreditation process, we will once again conduct the NRC Picker Client Satisfaction Survey this Summer.

This Survey took place three years ago and we now have data for benchmarking. Questionnaires will be mailed to all family members and residents will be interviewed one-to-one by trained MISSIVE students and volunteers.

## How will we know how we did?

The surveyors will make a decision after their validation of the questionnaire results and observations made during the onsite visit. Should the decision be favourable, we will be granted an Award of Completion and proceed to the full accreditation by 2011.

## Where can I get more information about accreditation?

Diana Schweitzer, Director of Quality and Operations, ext 2114.

Accreditation Canada website:  
[www.accreditation-canada.ca](http://www.accreditation-canada.ca)



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## CENTRE-WIDE BAR-B-Q

**Wednesday, August 5th, 2009, 2:00 - 7:00 pm**  
**Residents ♥ Families ♥ Staff ♥ Companions ♥ Volunteers**  
**You are invited to the largest event of the summer!**

**BBQ hamburgers, hot dogs & chicken, with all the trimmings**  
**Music**

**Inflatable children's amusement area by KLODA PRODUCTIONS**  
**Face painting and clowns for the kids**



## Pessah 2009

### Une fête réussie

Les séders de Pessah, très anticipés au Centre, ont réunis 300 résidents et leurs familles durant les deux soirs du séder le 8 et le 9 avril au Pavillons Kastner et Hope. Les prières ont été récitées encore cette année par Haim Sherff et les frères jumeaux Benjamin et Meyer Bressler. Un grand remerciement à tous les bénévoles et au personnel qui ont accompli une tâche si complexe. Sur les unités, des fleurs ainsi que des nappes ont créé une ambiance de fêtes dans les salles à manger.

Le Centre du jour a souligné Pessah une semaine plus tôt avec des séders innovateurs fusionnant les traditions Sépharades et Ashkénazes. Cinquante personnes ont assisté aux séders célébrés par les rabbins Ronen Abitbol et Michael Wolff.

## Calendrier des évènements à venir printemps-été 2009

### MAI

6	Service commémoratif	Pavillon Hope, salle 2C.26	14h30
10	Concert Fête des mères	Pavillon Hope, salle 2C.26	14h00
26	C.L.A.S.S. Graduation	Pavillon Hope, salle 2C.26	À déterminer
27	Fête Anniversaire	Pavillons Hope et Kastner	2:15 p.m.

### JUIN

3	Marche vers Jerusalem	Pavillons Hope et Kastner	14h00
17	Fête Anniversaire	Pavillons Hope et Kastner	14h15
21	Concert Fête des pères	Pavillon Hope, salle 2C.26	14h00
28	Fête du Canada	Pavillon Kastner, salle Dalse	14h00

### JUILLET

14	Carnaval estival	Pavillons Hope et Kastner	14h15
22	Fête Anniversaire	Pavillons Hope et Kastner	14h15

### AOÛT

5	Barbecue annuel du CHSLD	Jardins Hope	14h00
11	Spectacle des M.L.S.S.I.V.E	Pavillons Hope et Kastner	À déterminer
26	Fête Anniversaire	Pavillons Hope et Kastner	14h15



## Passover 2009

### A festive success

The Centre's much-anticipated Passover seders drew 300 residents and family members to the two seders held each night on April 8 and April 9, in the Kastner and Hope pavilions. Services were led again this year by Haim Sherff and twin brothers Benjamin and Meyer Bressler. Many, many thanks to all the volunteers and staff who accomplish the complicated task. On the units, flowers and tablecloths provided a festive atmosphere in the dining rooms.

The Day Centre marked Passover a week earlier with model seders which incorporated Sephardi and Ashkenazi traditions. Fifty people attended the seders, which were led by Rabbis Ronen Abitbol and Michael Wolff.



## Calendar of Events Spring-Summer 2009

### MAY

6	Memorial Service	Hope Pavilion, Room 2C.26	2:30 p.m.
10	Mother's Day Concert	Hope Pavilion, Room 2C.26	2:00 p.m.
26	C.L.A.S.S. Graduation	Hope Pavilion, Room 2C.26	TBA
27	Birthday Party	Hope and Kastner Pavilions	2:15 p.m.

### JUNE

3	March to Jerusalem	Hope and Kastner Pavilions	2:00 p.m.
17	Birthday Party	Hope and Kastner Pavilions	2:15 p.m.
21	Father's Day Concert	Hope Pavilion, Room 2C.26	2:00 p.m.
28	Canada Day celebration	Kastner Pavilion, Dalse Room	2:00 p.m.

### JULY

14	Summer Carnival	Hope and Kastner Pavilions	2:15 p.m.
22	Birthday Party	Hope and Kastner Pavilions	2:15 p.m.

### AUGUST

5	Centre-wide BBQ	Hope Garden	2:00 p.m.
11	M.I.S.S.I.V.E Show	Hope and Kastner Pavilions	TBA
26	Birthday Party	Hope and Kastner Pavilions	2:15 p.m.

