



CHSLD juif de Montréal

Jewish Eldercare Centre

Jewish Eldercare Centre  
5725 Victoria Avenue, Montreal Quebec H3W 3H6

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# Jewish Eldercare News

A newsletter for the entire JEC community  
including staff, family members, residents, companions, volunteers and others

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## New Meal Schedule

In keeping with our home-like environment approach to care, and in order to meet the needs and expectations of our residents, a decision was made to change meal delivery times.

Staff frequently expressed regret that many residents did not experience the pleasure of socializing with others while enjoying the different textures and flavours of their favorite foods as time constraints limited their mealtime experience.

In order to improve the manner in which to feed residents and to ensure a more pleasurable dining experience, several educational activities took place in May and June 2009 with staff.

It is our belief that the Hope

Pavilion residents as well as the staff responsible for feeding them would benefit by having 90 minutes instead of 45 minutes to eat. Hope Pavilion residents now receive their meals first resulting in an overall enhanced dining experience.

In addition, many residents from the Kastner Pavilion expressed their desire to have meal delivery a little later, especially breakfast, as they wished to sleep in.

The Kastner Pavilion residents are now receiving their breakfast a little later. As a result, lunch and dinner service times have shifted as well.

All changes took effect in mid December.

We faced many challenges in

making a change of this magnitude. The hurdles are being overcome, resulting in improving the quality of life and increased satisfaction for residents their families and staff.

## Recreation Schedule

The schedules of recreation activities have been modified as a result of the new mealtime schedule. This will ensure that all residents can participate in the centre's activities.

Please consult the recreation bulletin boards for up to date schedules as changes may occur without notice.

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## Jewish Eldercare Centre Achieves Accreditation Canada Primer Award.

*For details please see the enclosed pamphlet.*

November 2011  
Full Accreditation Survey Visit



November 2009  
Accreditation Primer

# Jewish Hospital of Hope Eldercare Foundation

The Jewish Hospital of Hope Eldercare Foundation made its largest ever contribution to JEC with a cheque for \$235 000. A sizeable portion of that money went towards the purchase of 70 new state of the art beds which are adding to the comfort of our residents and help our staff to continue providing excellent care.

Ten thousand dollars was earmarked to the **Jewish Eldercare Centre Employee Bursary Program**. **TD Canada Trust** granted \$20 000 dollars to the bursary program for the Nursing staff, to be disbursed over the next four years. The bursary program helps to further the education of staff who are striving to improve their knowledge base

through formal education.

TD Canada Trust has been investing in hospitals and health-care facilities across Canada since 2000 through the **TD Grants in Medical Excellence** program. "This donation from TD Canada Trust is invaluable," said Lucie Tremblay Director of Nursing and Clinical Services. "Not only are they investing in advancing the knowledge of some very dedicated people, they are also investing in the improved quality of care of our residents. Their support will make a difference in the lives of hundreds of residents and staff here at JEC".

Last year eleven staff members received JEC bursaries towards their ongoing studies.



Photos: Howard Kay



# New Head Nurse in The Kastner Pavilion



In the past year, Jewish Eldercare Center was mandated to open eight evaluation beds, which we have done on the fifth floor of Kastner. The clients in this program are transferred from acute care hospitals and are here for a maximum of three months. During this time, they are evaluated and then are transferred to other centres or to their own home. In order to manage this new program and to maintain the quality of care, it was decided to recruit a head nurse for Kastner 5. We welcome **Grace Mascarinas** to this position. Grace has been a nursing coordinator here for the last two years. She brings a wealth of experience in health care to this position. We are very excited to welcome her in her new role. **Grace can be contacted in her office (Kastner, 528) or at extension 8528.**

**Rose Marie Lafontant remains the head nurse for Kastner, floors 4 and 6.**

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# Washers and Dryers

In order to improve services we have arranged for brand new washing machines and dryers for use by our residents. Four new front loading Maytag Washers and Dryers are being installed in the Kastner Pavilion while two new washers and dryers are being installed in the Hope Pavilion.

*In addition to our free laundry service for all our residents these new machines are available at a nominal cost of \$1.00 per wash load and \$1.00 for 60 minutes of drying time. You must provide your own soap.*



*Left to right: Caroline Romano, Jane Parayno, H el ene Sauvageau, Miriam Samson and Brigitte Lavoie*

# Emergency Measures Preparedness

For everyone's safety regular fire drills will be taking place on all three shifts. The goal is to make sure that all staff, residents, family members and companions are fully aware of how to best react in case of emergency.

The centre has set up a fully trained emergency brigade in order to deal with any type of emergency. They are in charge until professional certified safety personnel reach the centre. There is one brigade person responsible on each floor and two assistants, who can be identified by an orange vest and armbands, who will lead the emergency plan.

If you discover a fire please pull the nearest fire alarm and then call ext. 5555. If you should come upon any other emergency situation please call ext. 5555 immediately.

# Room of Horrors

As part of Canadian Patient Safety Week, JEC set up a Room of Horrors. Fifteen hazards were purposely placed in an activity room for staff to discover. Prizes were awarded to staff who were able to observe the most obstacles to resident safety. A great way to maintain the high standards of safety at JEC while still having fun.

# Art For Healing

Through the generosity of Earl Pinchuk and Gary Blair of the Art for Healing Foundation, many new works of art are now displayed throughout JEC. Earl and Gary work closely with Susan Elias, Director of Development. Together with a team of volunteers they are working to acquire many more works of art.

Art for Healing incorporates

fine arts into the delivery of health care, to revitalize clinical settings. By transforming sterile spaces into comfortable, more humane places we nourish our sense of well-being, improve morale and create a more home-like atmosphere.

To learn how you can contribute to this program, please contact Susan Elias, extension 2125.



Left to right: Foundation Director Susan Elias, Artist Frankie Miller.

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## Service de Milieu de Vie

### Recreation/Volunteer/Chaplaincy

We will be celebrating with the  
Purim Megillah reading  
on **Saturday, February 27<sup>th</sup> at 6:30PM**

Services will also take place  
on **Sunday, February 28<sup>th</sup> at 11:00AM**



**The Bialik High School Yiddish Choir** will be visiting during the festival of Purim to entertain the residents.



**The Passover Seders**  
will take place on  
**Monday, March 29<sup>th</sup>**  
and  
**Tuesday, March 30<sup>th</sup>**



A letter will be sent to family members in February with more information.

## We have more and more Inter-Generational Programs!

- West Island College will be sending seven students weekly beginning January 20th to assist with resident programs.
- Two students from Vanier College Special Care Counseling program will be part of recreation activities during winter and spring.

### Bar Mitzvah Boy Finds Fellow Music Lover at JEC

13 year old Brandon Schwartz made JEC a part of his Bar Mitzvah celebration. As a result of many visits with resident Ben Landen they discovered a mutual love for music. Brandon presented Mr. Landen with a CD player and a disc of his Bar Mitzvah Parsha.

Brandon also sang tunes from his Bar Mitzvah to a group of residents on December 8th. He and his family donated fifteen CD players and CD's to JEC that had been used as centerpieces at his Bar Mitzvah.



*Brandon Schwartz and resident Ben Landen enjoy music together*

### Federation CJA Community Day

On Monday December 14, fifteen volunteers from Federation CJA spent the morning at JEC helping out and making latkas for the Resident Breakfast Club. **The Breakfast Club** is held twice a week in the Kastner Pavilion and once a week in the Hope Pavilion. Volunteers prepare and serve breakfast to the residents, restaurant style.



École Maimonides 5<sup>th</sup> graders perform a Hanukkah concert for the residents with volunteers from the Communauté Sépharade Unifiée du Québec (CSUQ).

# Cantorial Concert



JEC residents enjoy the tunes of Shaare Zion Cantor Boaz Davidoff on December 16th, 2009.



Zoo Therapy



New Year's



Non-Jewish residents enjoy Christmas caroling and a visit from Santa.